



2011

Holiday Skills Clinic

AAA/ AA / A/ B - December. (19-21)

@ Sharks Ice at San Jose

COST: \$155 per player for 3 days

Curtis Brown former NHL player (San Jose, Chicago and Buffalo) and Head coach of the Jr. Sharks Bantam AAA. **Mike Janda**, former NAHL, USHL and Rochester NCAA Division 1, will conduct high impact skills development. The clinics are open to all players Squirt through Midget, (B, A, AA, players).

Groups will be run through many different hand and feet drills as well as player interaction. Group size will be limited to 40 skater plus 4 goalies. This will insure that there is a good work rest ratio for players.

Groups/Times

Monday December 19th

10:15-11:15am East rink	Birth year (02-99) – Ice session
11:30-12:15pm	Birth year (02-99) – Talk/lunch
12:45-1:45pm East rink	Birth year (02-99) – Ice session
2:00-2:45pm	Birth year (02-99) – off-ice training

11:30-12:30pm East rink	Birth year (93-98) – Ice session
12:45-1:30pm	Birth year (93-98) – Talk/lunch
2:00-3:00pm East rink	Birth year (93-98) – Ice session
3:15-4:00pm	Birth year (93-98) – off-ice training

Tuesday December 20th

10:15-11:15am North rink	Birth year (02-99) – Ice session
11:30-12:15pm	Birth year (02-99) – Talk/lunch
12:45-1:45pm North rink	Birth year (02-99) – Ice session
2:00-2:45pm	Birth year (02-99) – off-ice training

11:30-12:30pm North rink	Birth year (93-98) – Ice session
12:45-1:30pm	Birth year (93-98) – Talk/lunch
2:00-3:00pm North rink	Birth year (93-98) – Ice session
3:15-4:00pm	Birth year (93-98) – off-ice training

Wednesday December 21th

10:15-11:15am North rink	Birth year (02-99) – Ice session
11:30-12:15pm	Birth year (02-99) – Talk/lunch
12:45-1:45pm North rink	Birth year (02-99) – Ice session
2:00-2:45pm	Birth year (02-99) – off-ice training

11:30-12:30pm North rink	Birth year (93-98) – Ice session
12:45-1:30pm	Birth year (93-98) – Talk/lunch
2:00-3:00pm North rink	Birth year (93-98) – Ice session
3:15-4:00pm	Birth year (93-98) – off-ice training

Registration is limited, please sign-up @ Sharks Ice front desk or online at www.sharksiceatsanjose.com Make check payable to Sharks Ice. Any questions call Matt Adams at (408) 999-6760 or Robert Savoie at (408) 999-6754.